# **Super Mario First Aid File Folder Activity**

#### SEE INSTRUCTIONS FOR TASK BELOW IMAGE



## **OBJECTIVE**

Help Mario apply first aid to his scraped knee by arranging the supplies in the correct order.

### HOW TO COMPLETE THE TASK

Complete the task by moving each item from the right side into the correct spot for Mario on the left side.

## HOW TO SET UP THE FILE FOLDER

- 1. Print and cut out the following items from above:
  - Image of Mario in the bathroom, getting ready to care for his scraped knee.
  - · Four squares to put first aid supplies in
  - Images of first aid supplies
    - o Mild Soap
    - o Towel
    - o Antibiotic Ointment
    - Band-Aid
- $2. \ Laminate \ the \ folder \ and \ each \ image \ for \ durability.$
- 3. Attach adhesive Velcro dots to the back of the soap, towel, ointment, and Band-Aid images.
- 4. Tape or paste the picture of Mario in the bathroom to the left side of the inside of the folder.
- 5. Tape or paste the four empty boxes to the right side of the file folder.
- 6. Place Velcro dots in each square on the right side of the folder.
- 7. Please Velcro dots in the bathroom in each of the designated spots in the bathroom image.
- 8. Mix up the first aid supplies and place them on the right side of the file folder with one item in each square.
- 9. Ask your child or student to arrange the first aid supplies in the correct order of use by taking each of the items from the right side of the folder and moving them over to Mario on the left, in the correct sequence as shown below.

The correct sequence of items is:

Spot 1. Mild Soap

Spot 2. Towel

Spot 3. Antibiotic Ointment

Spot 4. Band-Aid

See Image to Right



The sequence of steps for providing first aid to Mario's knee is as follows:

- Step 1: Wash hands with mild soap
- Step 2: Rinse wound clean with lukewarm water and blot dry with towel
- Step 3: Apply a thin layer of antibiotic ointment to the wound
- Step 4: Cover the wound with a Band-Aid

## ADULT SUPERVISION REQUIRED FOR ACTIVITY BELOW

You can use real items to practice first aid at home or in the classroom. For instance, a child can practice doing first aid on themselves or on a doll or stuffed animal.

Build in academics by having students read labels and count items. Practice social and life skills such as following a sequence of steps, maintaining focus, cooperating, participating in an activity, engaging in self-care, and showing empathy.

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